# How to sample and ship a diagnostic specimen from humans

#### CHLAMYDIA PSITTACI diagnostics in humans

### **Responsible:**

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# **Shipping:**

Communication	<ul> <li>Fill in request form (found on webpage)</li> <li>Send request form by mail to the above e-mail address with confirmation of delivery date and transport conditions (sample(s) is/are frozen or not?)</li> </ul>		
Types of samples	<ul> <li>Pharyngeal swab, ocular swab, broncho-alveolar lavage fluid (BAL), sputum</li> <li>C. psittaci isolates/strains for genotyping</li> </ul>		
Type of swab	Aluminum rod, ryon-tipped		
Transport medium	<ul> <li>Isolation; <i>C. psittaci</i> transport medium (TM)</li> <li>PCR; DNA stabilization buffer (cfr. <i>C. trachomatis</i>)</li> </ul>		
Transport media available upon request	Please contact the secretariat (Imbitech@ugent.be) for transport medium or the composition of TM		
Transport for isolation	<ul> <li>if delivery within 12 hours, do not freeze the samples, store at 4 °C and transport at 4 °C (ice packs).</li> <li>if transport more than 12 hours, freeze (-80 °C) and deliver frozen on dry ice within 5 days.</li> </ul>		

Transport for PCR	4 °C following sampling, cooled transport (4°C) if possible.	
Te gebruiken verpakking	<ul> <li>Conform Sciensano regulations</li> <li>C. psittaci isolates/strains; biocontainer for biorisk class 3 micro-organisms or 'triple packaging' (IATA 602 instructions)</li> </ul>	
Maximum duration of transport	<ul> <li>for isolation 12 hours (4 °C) to max 5 days (dry ice)</li> <li>for PCR &lt; 1 week</li> </ul>	

### Tests:

Type of test	routine test	upon request
Confirmation of diagnosis	X	
Diagnosis (culture)		X
Diagnosis (PCR)	X	
Molecular identification		X
Billing of these tests to	X	X
the applying laboratory		

#### **Results:**

Number of days until result of a routine test	<ul><li>Culture: 1 to 2 weeks</li><li>PCR: 2 to 4 days</li></ul>
Number of days until result of an analysis upon request	1 to 4 weeks