# How to sample and ship a diagnostic specimen from humans

#### CHLAMYDIA PSITTACI diagnostics in humans

## **Responsible :**

| Name :                 | Prof. Dr. Daisy Vanrompay                             |  |
|------------------------|---|--|
| Hospitable/Laboratory: | Universiteit Gent – Animal Science & Aquatic Ecologie |  |
| Adress :               | Coupure links 653, Building B, Level -1               |  |
|                        | 9000 Gent, Belgium                                    |  |
| Tel. :                 | secretariat : 09/264.38.71                            |  |
| E-Mail :               | Imbitech@ugent.be                                     |  |

# Shipping :

| Communication                                | <ul> <li>Fill in request form (found on webpage)</li> <li>Send request form by mail to the above e-mail address with confirmation of delivery date and transport conditions (sample(s) is/are frozen or not?)</li> </ul>            |
|--|---|
| Types of samples                             | <ul> <li>Pharyngeal swab, ocular swab, broncho-alveolar lavage fluid (BAL), sputum</li> <li><i>C. psittaci</i> isolates/strains for genotyping</li> </ul>   |
| Type of swab                                 | Aluminum rod, ryon-tipped   |
| Transport medium                             | <ul> <li>Isolation; <i>C. psittaci</i> transport medium (TM)</li> <li>PCR; DNA stabilization buffer (cfr. <i>C. trachomatis</i>)</li> </ul>   |
| Transport media<br>available upon<br>request | Please contact the secretariat (Imbitech@ugent.be) for<br>transport medium or the composition of TM   |
| Transport for<br>isolation                   | <ul> <li>if delivery within 12 hours, do not freeze the samples, store at 4 °C and transport at 4 °C (ice packs).</li> <li>if transport more than 12 hours, freeze (-80 °C) and deliver frozen on dry ice within 5 days.</li> </ul> |

| Transport for PCR                | 4 °C following sampling, cooled transport (4°C) if possible.   |
|----------------------------------|--|
| Te gebruiken<br>verpakking       | <ul> <li>Conform Sciensano regulations</li> <li><i>C. psittaci</i> isolates/strains; biocontainer for biorisk class 3 micro-organisms or 'triple packaging' (IATA 602 instructions)</li> </ul> |
| Maximum duration<br>of transport | <ul> <li>for isolation 12 hours (4 °C) to max 5 days (dry ice)</li> <li>for PCR &lt; 1 week</li> </ul>   |

## Tests :

| Type of test              | routine test | upon request |
|---------------------------|--------------|--------------|
| Confirmation of diagnosis | X            |              |
| Diagnosis (culture)       |              | X            |
| Diagnosis (PCR)           | X            |              |
| Molecular identification  |              | X            |
| Billing of these tests to | X            | X            |
| the applying laboratory   |              |              |

#### **Results :**

| Number of days until result of a routine test              | <ul><li>Culture: 1 to 2 weeks</li><li>PCR: 2 to 4 days</li></ul> |
|--|--|
| Number of days until result of an analysis<br>upon request | 1 to 4 weeks   |