Introduction: mineral micronutrient biofortification

Gijs Du Laing

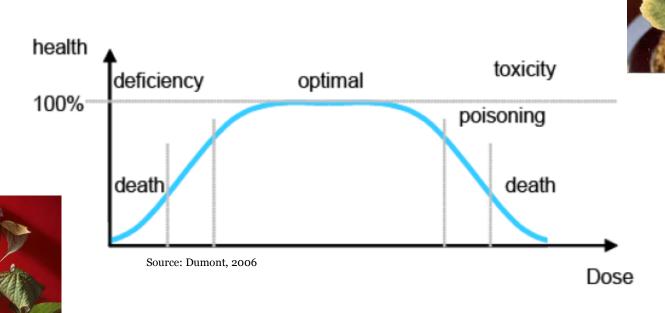


Trace elements



- Elements present in low concentrations
- Low concentrations, but important
 - Essential micronutrients
 - Needed for metabolism of humans, plants and/or animals
 - E.g. Mn, Zn, B, Cu, Mo
 - Toxicity
 - E.g. As, Hg, Pb, Cd

Role of dose



Deficiency

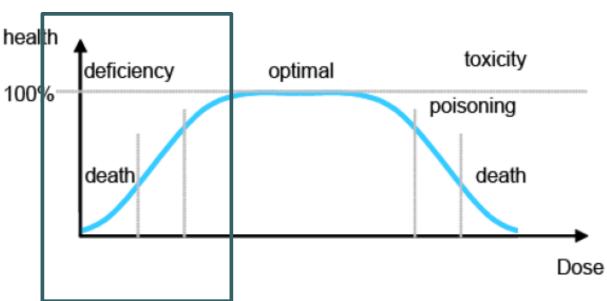




Source: I. Cakma

Plants





Humans





Micronutrient deficiencies

- One third of world population considered Zinc deficient
- 800,000 lives lost each year due to Zinc deficiency ≈ malaria
- But: micronutrient deficiencies low on the political agenda why?

How alleviate deficiencies?

• Fortification = practice of deliberately increasing the content of an essential micronutrient, i.e. vitamins and minerals (including trace elements) in a food, so as to improve the nutritional quality of the food supply and provide a public health benefit with minimal risk to health.

Biofortification as a solution?

- Biofortification = process by which the nutritional quality of food crops is improved
 - Conventional selective breeding
 - Genetic engineering / modern biotechnology
 - Agronomic biofortification

"mainly beneficial for those who rarely have access to commercially fortified foods"

Agronomic biofortification: field trial in Kenya













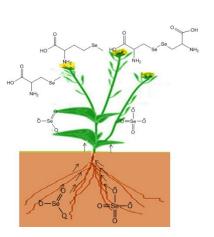
Foliar application



Biofortification: how?

- Increasing environmental abundance supply through fertilizers (mining - geopolitics!)
- Increasing soil availability of micronutrients
- Increasing plant uptake
- •••





Biofortification: alternatives?

Addition of micronutrients to animal feed



Addition of micronutrients during food processing



- Food/feed supplements (tablets)
- Dietary diversification









Biofortification as a solution for micronutrient deficiencies?

- 1. Health impact of selenium and iodine and advantages of biofortification
- 2. Potential of biostimulants as a novel tool for biofortification
- 3. Potential of nutrient-enriched foods in developing countries
- 4. Factors affecting effectiveness of micronutrient supplementation in crop and animal production
- 5. Market potential and consumer perception of biofortified foods

GeoHealth MSCA ITN project proposal

Funding for 15 PhD students focused on Se and I (bio)fortification and associated training

Topics:

- Geochemical modelling of occurrence and relationships with deficiencies
- Bioavailability in soil and crop uptake (fertilizers & biostimulants)
- Losses during crop production (e.g. volatilisation)
- Dietary intake assessment
- Development of diagnostic tools to monitor deficiencies in the field
- Availability and transformations in the intestinal environment
- Interactions with toxic compounds (e.g. As and Hg)
- Impact of toxicants on Se metabolism and transport
- Selenium transport in the body
- Consumers' willingness to pay for biofortified foods
- Cost-benefit analysis of fertiliser use

Soil / occurrence **Availability** Crop uptake Economic Dietary intake Status assessment Presystemic metabolism Systemic metabolism

evaluation