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## The relationship between learning approaches, motivation, time spent and academic performance.

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"You should study more!"

# "I am already studying a lot of time!"

"How do you study?"

"Simply studying!"



"She is not motivated to study!"



- Aim
  - understanding the material
  - long term retention
- Link new knowledge to previous acquired knowledge
- Personal commitment to learning (want to understand the material)
- Study in-dept



- Aim
  - reproduction of the material
  - focus on isolated, unlinked facts
- Focus on memorization (learning by heart)
- Only sufficient knowledge to pass the exam

Surface learning approach

#### Deep learning approach

## **Research questions**

#### Can we influence the learning approach?

• Is high motivation leading to *deep* learning?

### **Does the learning approach matter?**

- Is deep learning leading to *higher performance*?
- Is deep learning leading to more *time spent* (on studying)?
- Is the impact of deep learning, simply because of the more time spent?







## Motivation -> Learning Approach

**Intrinsic** motivation: refers to motivation that comes from *inside* an individual (interest, curiosity)

Extrinsic motivation: refers to motivation that comes from external or outside rewards (grades, money)

(Ryan & Deci, 2000; Lucas, 2001; Säljö, 1979)

- H1a: **High** *intrinsic* motivation results in a more *deep* approach of learning
- H1b: **High** *extrinsic* motivation results in a more *surface* approach of learning



## Learning approach -> Performance

Deep learning: in-dept Surface learning: memorization (Duff, 2004; Jackling 2005)

H2a: A deep learning approach results in higher academic performance

# H2b: A **surface learning approach** results in *lower* academic performance



# Learning Approach -> Time spent Scarce empirical literature (Doumen et al., 2014: self-study time)

H3a: A deep learning approach results in *higher* time spent by the student.
H3b: A surface learning approach results in *low* time spent by the student.



## Learning approach -> Performance (while controlling for Time Spent)

- RQ4a: Does the **deep learning** still result in higher academic **performance (H2a)**, when taking into account the time spent by the students.
- RQ4b: Does the surface learning approach still result in lower academic performance (H2b), when taking into account the time spent by the students.



#### Hypotheses



\*Control variables: Gender and Ability





• Dataset:

GENT

- Academic year 2013-2014
- First year undergraduate students (N=246)

Variables	Measurement
Ability	GPA previous semester without score for accounting, mark on 480
Gender	0 for male, 1 for female
Intrinsic motivation Extrinsic motivation	MSLQ, Pintrich et al 1991
Deep learning approach Surface learning approach	R-SPQ-2F; Biggs et al 2001
Performance	Score on Acc II; mark on 60
Time spent	Average number of minutes per week
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#### Descriptives

Variable	Mean	Minimum	Maximum	Standard- deviation	Ν
Academic performance	29.02	1	60	15.23	388
Intrinsic motivation <sup>a</sup>	4.87	1.75	7.00	.89	328
Extrinsic motivation <sup>a</sup>	4.98	2.25	6.75	.76	328
Deep approach	2.87	1.30	4.40	.50	277
Surface approach	2.45	1.20	4.00	.59	277
Ability	291.63	0.00	390.00	250.16	388
Time spent <sup>b</sup>	142.32	5.00	700	102.07	248

<sup>a</sup> Some students who filled out the questionnaire of the learning approaches did not fill out the questions on the motivation, consequently the number of students dropped for these variables.
 <sup>b</sup> This was an open question in the post-questionnaire. Some students did not answer this question.



#### Plot learning approches

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#### **Gender differences**

Variable	Mean men	Mean women	t-value <sup>a b</sup>	p-value
Academic performance <sup>c</sup>	28.28	29.95	-1.16	.245
Intrinsic motivation <sup>c</sup>	4.82	4.91	-0.93	.352
Extrinsic motivation <sup>c</sup>	4.92	5.04	-1.35	.179
Deep approach <sup>d</sup>	2.86	2.88	50	.621
Surface approach <sup>d</sup>	2.60	2.29	4.58	.000
Ability <sup>c</sup>	251.27	248.77	0.37	.712
Time spent <sup>e</sup>	118.73	166.30	-3.72	.000

ANCOVA	Estimated marginal Mean men	Estimated marginal Mean women	F-value	p-value
Academic performance	28.12	30.16	4.201	.041



#### H1: Motivation

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Variable	t-value	p-value	
Constant	2.35	.020	
Intrinsic motivation	7.53	.000	
Extrinsic motivation	4.27	000	
Ability	2.72	.007	
Gender	-0.58	.560	
	Model summary		
Dependent variable	Deep approach		
F (model)	26.852		
p-value (model)	.000		
Adjusted R <sup>2</sup>	.299		
Variable	t-value	p-value	
Constant	10.73	.000	
Intrinsic motivation	-4.061	.000	
Extrinsic motivation	0.81	.419	
Ability	-2.18	.030	
Gender	-4.13	.000	
	Model summary		
Dependent variable	Surface approach		
F (model)	11.722		
p-value (model)	.000		
<sup>IIT</sup> Adjusted R <sup>2</sup>	.150		

#### H2: Performance

Variable		t-value	p-value	
Constant		-6.11	.000	
Deep approach		3.86	.000	
Ability		18.20	.000	
Gender		1.46	.144	
Model summary				
Dependent variable		Academic performa	nce	
F (model)		119.653		
p-value (model)		.000		
Adjusted R <sup>2</sup>		.566		



#### H2: Performance

Variable		t-value	p-value
Constant		-0.90	.369
Surface approach		-2.69	.008
Ability		0.76	.445
Gender		-0.90	.369
	Model s	ummary	
Dependent variable		Academic performa	nce
F (model)		1114.048	
p-value (model) .000			
Adjusted R <sup>2</sup> .553			



#### H3a: Time spent

Variable	Coefficient	t-value	p-value		
Constant		-1.84	.068		
Deep approach		3.93	.000		
Ability		1.76	.080		
Gender		3.50	.001		
Model summary					
Dependent variable	endent variable Time Spent				
F (model)	10.153				
p-value (model)	-	000			
Adjusted R <sup>2</sup>	.120				



#### H3b: Time spent

Variable	Coefficient	t-value	p-value		
Constant		3.1	.002		
Surface approach		-2.508	.013		
Ability		1.499	.136		
Gender		2.607	.010		
Model summary					
Dependent variable	it variable Time Spent				
F (model)		6.898			
p-value (model)		.000			
Adjusted R <sup>2</sup>		.081			



#### H4a: Performance

Variable	t-value	p-value	
Constant	-5.112	.000	
Time spent	2.106	.053	
Deep approach	1.948	.036	
Ability	15.946 .000		
Gender	0.547 .585		
	Model summary		
Dependent variable	Academic performance		
F (model)	71.187		
p-value (model)	.000		
Adjusted R <sup>2</sup>	.581		



#### H4b: Performance

Variable	t-value	p-value		
Constant	-2.372	.019		
Time spent	2.305	.022		
Surface approach	-1.412	.159		
Ability	15.504 .000			
Gender	0.062 .951			
	Model summary			
Dependent variable	Academic performance			
F (model)	69.635			
p-value (model)	.000			
Adjusted R <sup>2</sup>	.576			



#### Conclusion



\*Controlvariables: Gender and Ability



#### • Limitations

- Rather small Cronbach's Alfa for motivation
- Low number of observations (n=246)
- Self-reported measures

- Future research
  - Special group: 'Rote learners'
  - How to stimulate deep learning?





- "You should study differently!"
- Time spent!
- Still impact of deep approach on performance, even when taking into account time spent.





## Take-aways

- 1. Introduction
- 2. Literature review
- 3. Methodology
- 4. Measurement of variables
- 5. Results



## Introduction

3 key elements:

- **What** is your research about?
- **Why** is this a relevant question?
- **How** are you answering this question?



## Literature review

Make a table for yourself:

- What has been investigated?
- Variables?

Quantitative research				
1	Abhayawansa, Tempone, & Pillay	2012	Australia	Impact of prior learning experience on students approaches to learning
2	Ballantine, Duff and McCourt Larres	2008	Ireland	Investigation into the learning approaches of students who were exposed to case study method.
3	Booth et al	1999	Australia	Effect of learning approaches on academic performance

Introduction	Literature	Method	Results
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# Methodology

Consider experimental designs:

• <u>Pretest – posttest</u>

Stepwise explanation:

• Consult other papers



# Measurement of variables

Table:

- Items
- Sources
- Chronbach's Alpha
- Factor loadings (factor analysis)



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## Measurement of variables

Table 1. Factor loadings and Cronbach's alphas MSLQ.

	ltem	cronbach's a	Factor loading
Int	rinsic goal orientation	.61	
1	In a class like this, I prefer exercising material that really challenges me so I can learn new things.	X	.695
2	In a class like this, I prefer exercising material that arouses my interest, even if it is difficult to learn.	X	.615
3	The most satisfying thing for me in this course is trying to understand the exercises as well as possible	x	.759
4	I prefer to make the exercises at home before the exercises become available on Minerva, even if I do not gain extra grades for this. (*)	X	.627
Ex	trinsic goal orientation	.53	
1	Getting a good grade in this class is very important for me. (*)	X	.600
2	The most important thing for me right now is improving my overall grade point average; so my main concern in this class is getting a good grade.	X	.472
3	If I can, I want to get better grades in this class than I scored for the 'Introductory Accounting' course. (*)	Х	.743
4	I want to do well in this class because it is important to show my ability. (*)	x	.706



## Results

### Descriptives

#### Table 3. Descriptives.

Variable	N	Minimum	Maximum	Mean	Standard-deviation
Academic performance <sup>a</sup> (mark on 60)	388	1.00	60.00	29.02	13.99
Time spent <sup>b</sup>	248	5.00	700.00	142.32	103.24
Intrinsic motivation	328	1.75	7.00	4.87	0.88
Extrinsic motivation	328	2.25	6.75	4.98	0.82
Deep approach <sup>c</sup>	277	1.30	4.40	2.87	0.48
Surface approach <sup>c</sup>	277	1.20	4.00	2.45	0.58
Ability (Mark on 440)	388	68.00	390.00	250.16	66.03



## Results Correlation table

#### Table 4. Correlation table.

	Academic performance	Time spent	Intrinsic motivation	Extrinsic motivation	Deep approach	Surface approach	Ability	Gender
Academic performance	1							
Time spent	0.213**	1						
Intrinsic motivation	0.212**	0.361**	1					
Extrinsic motivation	-0.256**	0.228**	0.316**	1				
Deep approach	0.197**	0.263**	0.501**	0.326**	1			
Surface approach	-0.263**	-0.220**	-0.261**	0.040	-0.255**	1		
Ability	0.720**	0.090	-0.010	-0.367**	0.067	-0.176**	1	
Gender	0.060	0.231**	0.050	0.070	0.030	-0.266**	-0.019	1

\*\*Correlation is significant at the 0.01 level (2-tailed).



Good luck! Questions?

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Introduction Li

Literature

Method

Results

Different learning approaches (Ramsden, 1992; Ellis et al. 2008)

Deep learning approach

Surface learning approach







## Items Intrinsic motivation (Alpha =,61)

Item	Cronbac h's Alpha	Factor loading
Motivational scales (Section 1)		
Intrinsic goal orientation	0.61	
Question 1: In a class like this, I prefer exercising material that really challenges me so I can learn new things.	Х	.695
Question 13: In a class like this, I prefer exercising material that arouses my interest, even if it is difficult to learn.	Х	.615
Question 18: The most satisfying thing for me in this course is trying to understand the exercises as well as possible	Х	.759
Question 20: I prefer to make the exercises at home before the exercises become available on Minerva, even if I do not gain extra grades for this. (*)	Х	.627

### Items Extrinsic motivation (Alpha =,53)

Extrinsic goal orientation	.53	
Question 6: Getting a good grade in this class is very important for me. (*)	Х	.600
Question 9: The most important thing for me right now is improving my overall grade point average; so my main concern in this class is getting a good grade.	Х	.472
Question 11: If I can, I want to get better grades in this class than I scored for the "Introductory Accounting" course. (*)	Х	.743
Question 25:I want to do well in this class because it is important to show my ability. (*)	Х	.706



## Items Deep Learning (Alpha =,76)

Deep approach	0.76	0.76	
1. I find that at times studying gives me a feeling of deep personal satisfaction.	Х	Х	0.57
2. I find that I have to do enough work on a chapter so that I can form my own conclusions before I am satisfied.	х	х	0.65
5. I feel that virtually any topic can be highly interesting once I get into it.	Х	Х	0.54
6. I find most new topics interesting and often spend extra time trying to obtain more information about them.	х	х	0.69
9. I find that studying academic topics can at times be as exciting as a good novel or movie.	Х	Х	0.49
10. I test myself on important topics until I understand them completely.	Х	Х	0.67
13. I work hard at my studies because I find the material interesting.	Х	Х	0.69
14. I spend a lot of my free time finding out more about interesting topics which have been discussed in different classes.	Х	х	0.45
17. I come to most exercise classes with questions in mind that I want answering. (*)	Х	х	0.42
18. I make a point of looking at most of the suggested readings that go with the lectures. (*)	х		0.32

## Items Surface Learning (Alpha = .75)

3. My aim is to pass the course while doing as little work as possible.	X	0.57
4. I only study seriously what's given out in class or in the course outlines.	Х	0.55
7. I do not find my course very interesting, so I keep my work to the minimum.	х	0.52
8. I learn some things by rote, going over and over them until I know them by heart even if I do not understand them.	х	0.44
11. I find I can get by in most assessments by memorising key sections rather than trying to understand them.	х	0.50
12. I generally restrict my study to what is specifically set as I think it is unnecessary to do anything extra.	Х	0.58
15. I find it not helpful to study topics in depth. It confuses and wastes time, when all you need is a 10 to pass the course. (*)	х	0.68
16. I believe that lecturers shouldn't expect students to spend significant amounts of time studying material everyone knows won't be examined.	х	0.63
19. I see no point in learning material which is not likely to be in the examination.	x	0.58
20. I find the best way to pass examinations is to try to remember the UNI solution of the exercises. (*)	Х	0.48

## Correlations

		Academic performance	Time spent	Intrinsic motivation	Extrinsic motivation	Deep approach	Surface approach	Ability	Gender
	Academic performance	1							
	Time spent	.283**	1						
	Intrinsic motivation	.256**	.338**	1					
	Extrinsic motivation	205*	0.137	.330**	1				
	Deep approach	.259**	.274**	.520**	.324**	1			
	Surface approach	265**	261**	218**	0.054	278**	1		
	Ability	.708**	0.110	-0.004	311**	.085	221**	1	
	Gender	0.044	.198*	-0.031	0.000	016	228**	0.034	1